## Appendix C

## Description of Student Duties and Medical Release Form

## To be completed by Student or Guardian:

Name of Student (print): $\qquad$
Fire Service Organization: $\qquad$
To be completed by Physician or other Licensed Health Care Professional:
The Maryland Fire and Rescue Institute (MFRI) instructs students in a wide variety of emergency service courses. Students can be required to perform strenuous and/or hazardous duties. Listed below is a general description of what those duties may include. If a student cannot perform these duties he/she will not be allowed to participate in the course.

## Duties:

A student may be required to wear fire protective clothing and self-contained breathing apparatus weighing at least 50 pounds in hazardous atmospheres, perform firefighting and rescue operations that expose them to extreme heat, toxic products of combustion and hazardous materials. They may also be required to lift and operate heavy machinery, carry and raise ladders, and climb ladders up to 135 feet in height. Students may achieve heart rates of 85 to $100 \%$ of their maximum capacity during training operations.

## Fitness for Duty Status

The physician or other licensed health care professional authorizes the following duty status for the student:
$\qquad$ FULL DUTY: Duty status includes all elements listed in the position description listed above.
Physician or other licensed health care professional:
Signature $\qquad$
Printed: $\qquad$
Date: $\qquad$ PPhone: $\qquad$

Address: $\qquad$
Address.
$\qquad$
$\qquad$

